

Supporting Your Partner through the Menopause



This event is for anyone who wants to be able to support someone they know and love through the menopause. It will explore the physical and mental impact of the menopause to give you a better understanding of what your loved-one is going through and how you might be able to offer support.



Free online session:

**Wednesday
19th June
6.30pm – 8.00pm**



Scan the QR code to enrol for free now!